

Cross Country Skiing



When: Saturday, February 4, 2012

Where: Teacup Lake with 20K of groomed trails (<http://www.teacupnordic.org/about/facilities>)

Meet: 8:30 a.m. at Parkrose/Sumner TC Park & Ride, 9525 NE Sandy Blvd

Is Sno-Park pass required?: Yes

RSVP: Please respond to Suzan Pool by e-mail, suz_pool@yahoo.com, if you plan to join.

Directions: Teacup Lake is conveniently located on Oregon Highway 35, one mile north of Mt. Hood Meadows turn-off, and thirty-five miles south of Hood River.

From Portland, east on U.S. Hwy 26, to junction with Oregon Hwy 35, then north towards Hood River. Continue past the Mt. Hood Meadows ski area junction, watch for the Sno-Park just after the Hood River Meadows junction.

From Hood River, or points east and west from Interstate 84, go south on Oregon Hwy 35 from the town of Hood River, 35 miles to Teacup Sno-Park.

Teacup Sno-Park is available for parking; Oregon or Washington SnoPark permit required. Clark Creek SnoPark (across Hwy 35) is also open and can be used for overflow parking.

Cost: \$10.00 cash donation per person as requested by Teacup Lake Nordic Club for keeping trails groomed.

Also, there's the cost of renting Nordic ski equipment if you do not have your own. There are two forms of cross country skiing, classic Nordic skiing or skate skiing. We will do classic skiing on groomed trails. If you are new to this, I would be happy to provide instructions before we begin and give tips while we ski.

REI in downtown Portland rents Nordic ski equipment. Other stores that rent them are:

Otto's Cross Country Ski Shop

38716 Pioneer Blvd
Sandy, OR 97055
(503) 668-5947

Mountain Shop

628 NE Broadway St.
Portland, OR 97232
(503) 288-6768

Mountain Tracks

Huckleberry Inn Building
Government Camp, OR
(503) 272-3380

Oregon Mountain Community

2975 NE Sandy Blvd
Portland, OR 97232
1-800-538-3604
(503) 227-1038